

HMONG COLLEGE PREP ACADEMY

P.S.E.O.

Post

Secondary

Enrollment

Options



WHAT IS PSEO?

Postsecondary Enrollment Options (PSEO)

Postsecondary Enrollment Options (PSEO) is a program that allows public and nonpublic students to earn college credit while still in high school, through enrollment in and successful completion of college courses at eligible postsecondary institutions. Students generate both college credit and high school credit by successful completion of the course. Most PSEO courses are offered on the campus of the postsecondary institution; some courses are offered online.

- ▶ Students and Parents/guardians should educate themselves about the PSEO program
- ▶ Students and Parents/guardians need to be aware of the pros and cons of enrolling in PSEO.

HCPA PSEO information

<https://www.hcpak12.org//site/default.aspx?PageID=1264>



Who is
eligible?

You are eligible if you are in grade 10, 11 or 12, enrolled in high school and meet the admissions requirements of the postsecondary tech school, college or university you wish to attend.

The college/university will determine eligibility.



Skill-sets to Have to be Successful at PSEO

- ❖ Self-advocacy
- ❖ Self-discipline
- ❖ Good study skills / time management skills
(as a general rule, you will need to spend 2 hours of study time for each hour your are in class)
- ❖ An independent learner
- ❖ Willingness to seek help when it's needed.
- ❖ Pursued the most rigorous high school courses available
- ❖ Attend each class every day that it meets



Is PSEO the Right Choice for You?

Are you proactive with your education?

3 Main Qualities

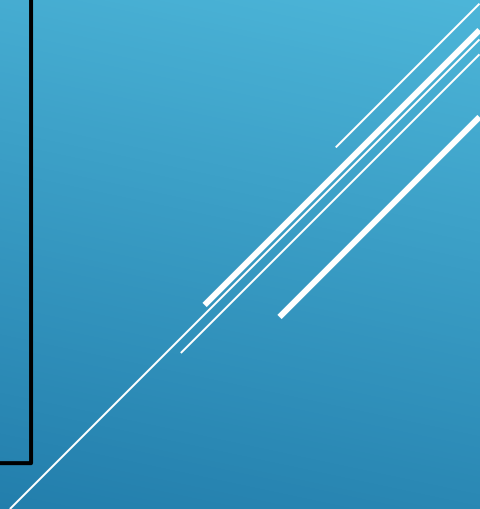
- ▶ Independent learning style
- ▶ Good time management (as a general rule, you will need to spend 2 hours of study time for each hour you are in class)
- ▶ Willingness to seek help

Do you have a record of academic success?

- ▶ Have pursued the most rigorous high school courses available
- ▶ Passed all previous classes with high marks
- ▶ Grades earned in PSEO will remain on your college transcript

Do you fully commit to Academic priorities?

- ▶ The amount of outside work required in PSEO classes and significant commute times can make time management challenging.
- ▶ Juggling your high school and PSEO courses can be tricky.



Letting HCPA know

Notification of Intent to Enroll

To assist the district in planning, public school students are required to inform their district of their intent to enroll in PSEO courses during the following school year by **May 30**.

If public school students do not notify the enrolling district by **May 30** and the enrolling district does not waive the deadline, the family may be responsible for the postsecondary tuition expense.

► Earn College Credit in High School

- Advanced Placement
- Concurrent Enrollment
- International Baccalaureate
- Postsecondary Enrollment Options (PSEO)

Contact

Beth Barsness
mde.postsecondary@state.mn.us
651-582-8336

Postsecondary Enrollment Options (PSEO)

Postsecondary Enrollment Options (PSEO) is a program that allows public and nonpublic students in 10th, 11th and 12th grades to earn college credit while still in high school, through enrollment in and successful completion of college nonsectarian courses at eligible postsecondary institutions. Students generate both college credit and high school credit by successful completion of the course. Most PSEO courses are offered on the campus of the postsecondary institution; some courses are offered online. Each participating college or university sets its own admissions requirements for enrollment into the PSEO courses. Eleventh and 12th-grade students may take PSEO courses on a full- or part-time basis; 10th-graders are eligible to enroll in PSEO on a more limited basis (see note below). Students must meet the PSEO residency and eligibility requirements and abide by participation limits specified in Minnesota Statutes, section 124D.09.

PSEO for 10th-Graders to take Career and Technical Education (CTE) Courses

Legislation allows public and nonpublic 10th-grade students to enroll initially in one Career and Technical Education (CTE) course through PSEO. If the student earns a "C" or higher grade in this first course, she/he is eligible to take additional CTE courses while in 10th grade. In order to be eligible, a 10th-grade student must have met the proficiency level of "meets or exceeds" on the 8th-grade MCA reading test. If the student did not take the MCA, another reading assessment accepted by the enrolling postsecondary institution can be substituted. For students with disabilities, there is an alternative options to demonstrate reading proficiency. Access the Alternate Eligibility Options Policy and Modification Request Form below.

Eligible Courses and Institutions

Courses taken through PSEO must meet graduation requirements at their high school. Only nonsectarian and non-developmental courses are considered eligible by statute. Courses must be offered by Minnesota PSEO eligible postsecondary institutions. Access the [list of Participating Postsecondary Institutions](#) for a list of schools and their contact information. Postsecondary institutions are required to allow PSEO students to enroll in online courses consistent with the institution's policy regarding postsecondary student enrollment in online courses.

How to Enroll in PSEO

Students must meet the PSEO eligibility requirements and abide by participation limits outlined in the [Postsecondary Enrollment Options Act](#) and explained in the PSEO Reference Guide (below). Interested and eligible 10th-, 11th- and 12th-grade students should contact the postsecondary institution to find out their admissions requirements, which courses are offered and what the application process/timeline is at that institution. Public school students should meet with their high school counselor to discuss graduation requirements and the benefits and risks of enrolling in the PSEO program. All students must complete the PSEO Notice of Student Registration (listed at the bottom of this page) for the school year during which they intend to enroll.

Tuition, Fees and Transportation Reimbursements

There is no charge to PSEO students for tuition, books or fees for items that are required to participate in a course; however, students may incur fees for equipment that becomes their property when the course or program is completed or for textbooks that are not returned to the postsecondary institution according to their policies. Public school students may be responsible for tuition costs if they do not notify the district by May 30 and the district does not waive this date requirement.

Funds are available to help pay transportation expenses for PSEO students whose families live at or below the poverty level at



Sophomores, Juniors and Seniors Can Earn College Credit While Still in High School!

[Sign up for email alerts](#)

Related MDE resources:

- [District PSEO Forms](#)
- [Minnesota Career Information System \(MCIS\)](#)

Related offsite resources:

- [Back on Track Documentary](#)
- [Interactive PSEO map](#)
- [Preparing for College](#)

WHERE CAN I DO PSEO?

List of PSEO Institution located at
MN Dept of Education Website:

<https://education.mn.gov/mde/fam/dual/pseo/>

Dunwoody - PSEO school

St. Cloud State University

Concordia University-St. Paul

University of MN-Twin Cities

Bethel University

Hamline University

University of Northwestern, St. Paul

Anoka-Ramsey Community College

Century College

St. Paul College

PSEO Institutions that HCPA students
have attended

What Do I
Need to
Qualify for
PSEO?



Examples

STUDENTS MUST BE IN GOOD ACADEMIC STANDING!!!

For most 2-year PSEO Colleges

- 11th graders in top 1/3 of class
- 12 graders in top ½ of class

For exact PSEO criteria check college's website


U of M PSEO

- Average GPA = 3.93 (unweighted)
- 1200 applicants per year
- 39% who apply are admitted
- Application deadline is: April 15, 2022

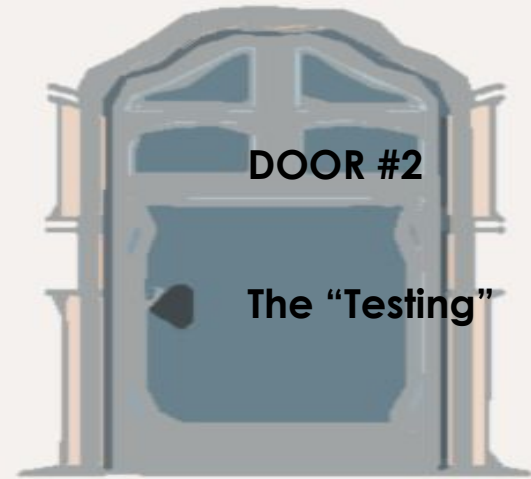
HOW DO I START?



RESEARCH

- ★ Goto the PSEO section of the college websites.
 - ★ Follow the application directions for that institution
 - ★ Check each PSEO college website for specific criteria
 - ★ Watch application deadlines!!
- 
- A decorative graphic consisting of several parallel white lines of varying lengths, slanted diagonally from the bottom right towards the top right, set against a blue background.

THINK OF PSEO AS TWO DOORS



DOOR #1 - THE STUFF ***PAPERWORK***

1. Application

Go to the college website to find and submit application.

2. Notice of Student Registration

a.k.a. 3-part form (next slide)

Bring to school counselor **AFTER** section 1 has been filled out and signed by parent and parent/guardian

3. School Counselor will then fill-out part 2:

**Student is responsible for turning in the form to PSEO institution

(3-part form)

PSEO PROGRAM OF STUDENT REGISTRATION

▶ Form can be found at MN dept of Ed link:
<https://education.mn.gov/mde/fam/dual/pseo/>

▶ 1. Student fill out Part 1

▶ 2. Give to school counselor to fill out part 2.

▶ 3. PSEO counselor at college/university will complete part 3 if and when accepted

▶ 4. This form MUST be completed EACH semester you attend PSEO

m DEPARTMENT OF EDUCATION
Postsecondary Enrollment Options
Notice of Student Registration Form 2022-23 ED-001763-23

Instructions: Complete a Notice of Student Registration Form (NSRF) for each student's term and postsecondary institution (PSI). Once Sections 1 and 2 are completed, work with both your high school and postsecondary institution to ensure your Section 3 courses fulfill an unmet academic graduation requirement.

Eligibility: Courses in Section 3 may only be those that fulfill a student's unmet academic graduation requirements as courses for postsecondary credit only are ineligible. This form is submitted by the postsecondary institution to Minnesota Department of Education (MDE).

MDE College Student ID Number: _____

1. Student and Parent/Guardian Complete and Sign This Section

Student Name (Last, First, M.I.) _____ Male Female Unreported

Birthdate (MM/DD/YYYY) _____

Address _____ City _____ ZIP Code _____ Phone _____

Postsecondary Institution This Term _____ Parent/Guardian Name _____ Address (if different from student) _____

Date I/we notified the district the intent to enroll in PSEO for either semester, school year 2022-23: _____

All Students: Minnesota Statute 2021, section 124D.09, subdivision 7, to assist the district in planning a pupil must inform the district by May 30 of each year the pupil's intent to enroll in postsecondary courses during the following school year. A pupil is bound by notifying or not notifying the district by May 30. If the district has not waived the deadline, I/we may be responsible for the postsecondary course cost.

All Parents/Guardians: Minnesota Statute 2021, section 124D.09, subdivision 6, Prior to enrolling in a course the pupil and pupil's parent/guardian must sign a form stating they have received PSEO information (including transportation); know counseling services are available; understand PSEO responsibilities and are aware the student is enrolling in PSEO courses.

My signature(s) below indicates I/we are aware that if the course(s) registered for do not fulfill unmet academic requirements for graduation, I/we may be responsible for the postsecondary course costs.

Student Signature _____ Parent/Guardian Signature (if student under 18) _____ Date _____

2. To be Completed by Secondary/Nonpublic/Home School

Public Nonpublic Home School

Secondary/Nonpublic/Home School Name _____ Secondary School Type (select one) _____ Public Student SSID* Number _____

Attending Public School District Name _____ Attending Public School District Number (xxxx-xx) _____

3. To be Completed by the Postsecondary Institution

Name of Postsecondary Institution (PSI) _____ PSI Number _____ City of Postsecondary Institution _____

Term of planned attendance (Select one) Semester 1 Semester 2 Quarter (Qtr 1) Qtr 2 Qtr 3 _____

Postsecondary Institution Contact Name _____ Email _____ Telephone _____

Courses Taken for Secondary Credit

Course	Course Number	Course Credits
Course #1		
Course #2		
Course #3		
Course #4		
Course #5		
Course #6		

Minnesota Statutes, section 124D.09, subdivision 7, requires public school students to inform the district by May 30 of each year of the pupil's intent to enroll in postsecondary courses during the following school year to assist the district in planning. A pupil is bound by notifying or not notifying the district by May 30, unless the public school district has waived the deadline as indicated in Section 2. A public school student who has not met this requirement is not eligible for PSEO funding.

Minnesota Statutes, section 124D.09, subdivision 5, requires the institution to send written notice to the student and the student's school or district. The notice must indicate the course and hours of enrollment of that pupil.


My signature indicates that the student identified in Section 1 is registered this term for the courses indicated above, all courses are nonsectarian in content and are not remedial or developmental. Tenth grade students during their first semester of PSEO participation may take only one Career or Technical Education (CTE) course. The student has indicated to me the courses are to be taken for secondary credit and fulfill the student's high school graduation requirements.

Signature - Postsecondary Institution Contact _____ Title _____ Date _____

*MARSS stands for Minnesota Automated Reporting Student System

2022-2023 PSEO New Information

My signature(s) below indicates I/we are aware that if the course(s) registered for do not fulfill unmet academic requirements for graduation, I/we may be responsible for the postsecondary course costs.

 **Postsecondary Enrollment Options** ED-001763-23
Notice of Student Registration Form 2022-23

Instructions: Complete a Notice of Student Registration Form (NOSR) for each student's term and postsecondary institution (PSI). Once Sections 1 and 2 are completed, work with both your high school and postsecondary institution to ensure your Section 3 courses fulfill an unmet academic graduation requirement.

Eligibility: Courses in Section 3 may only be those that fulfill a student's unmet academic graduation requirements as courses for postsecondary credit only are ineligible. This form is submitted by the postsecondary institution to Minnesota Department of Education (MDE).

MDE College Student ID Number: _____

1. Student and Parent/Guardian Complete and Sign This Section

Student Name (Last, First, M.I.) _____ Male Female Unreported Birthdate (MM/DD/YYYY) _____

Address _____ City _____ ZIP Code _____ Phone _____

Postsecondary Institution This Term _____ Parent/Guardian Name _____ Address (if different from student) _____

Public School Students: Minnesota Statute 2021, section 124D.09, subdivision 7, to assist the district in planning a pupil must inform the district by May 30 of each year the pupil's intent to enroll in postsecondary courses during the following school year. A pupil is bound by notifying or not notifying the district by May 30. If the district has not waived the deadline, I/we may be responsible for the postsecondary course cost.

_____ Date I/we notified the district the intent to enroll in PSEO for either semester, school year 2022-23.

All Students: Minnesota Statute 2021, section 124D.09, subdivision 6, Prior to enrolling in a course the pupil and pupil's parent/ guardian must sign a form stating they have received PSEO information (including transportation); know counseling services are available; understand PSEO responsibilities and are aware the student is enrolling in PSEO courses.

My signature(s) below indicates I/we are aware that if the course(s) registered for do not fulfill unmet academic requirements for graduation, I/we may be responsible for the postsecondary course costs.

Student Signature Parent/Guardian Signature Date
(if student under 18)

2. To be Completed by Secondary/Nonpublic/Home School

Public Nonpublic Home School _____

Secondary/Nonpublic/Home School Name _____ Secondary School Type (select one) _____ Public Student SSID* Number _____

Attending Public School District Name _____ Attending Public School District Number (xxxx-xx) _____

HCPA PSEO Contract



1515 Brewster Street, Saint Paul, MN 55108
Office: (651) 209-8002 • Fax: (651) 289-9502
www.hcpa12.org

Hmong College Prep Academy Post-Secondary Enrollment Options Contract Return to Hmong College Prep Academy Counseling Department

GENERAL INFORMATION

Student Name _____ ID _____ Grade _____
Student E-mail _____ Phone Number _____
College Attending _____
PSEO Advisor _____ Phone Number _____
PSEO Advisor's email _____

Enrollment Status: **FULL TIME** (minimum 12 college credits/no HCPA classes)
PART TIME (HCPA classes and college credits)

Students who participate in a PSEO program at a college or university should follow requirements set up by the HCPA counseling department to make sure that students do not miss important information and deadlines for high school and college. Also, in order to earn a HCPA diploma, the above must be completed along with all other graduation requirements. Refer to the HCPA Hand Book for further information regarding the total number of credits and graduation requirements needed. College credit is converted to high school credit on the students' transcripts.

STUDENT RESPONSIBILITIES

- Return this form with necessary signature to the counseling office before start of the school year.
- Submit a copy of your college class schedule with course descriptions to the counseling department before the start of classes each term.
- Student **MUST** notify counseling office before you withdraw from a PSEO class. Withdrawing from a class may affect the student's grade point average and graduation status.
- If student is in jeopardy of failing a class, students **MUST** notify the counseling office as soon as possible.
- Students need to meet with a counselor 3 times a term in person, by video conferencing, or by phone to receive information.
- Students will receive important school information via Schoology and HCPA school email.

I have read and agree to the terms listed above.

Student Signature _____ Parent Signature _____ Date _____

School Counselor _____ Date Received _____

All that a school should be.

Must be signed and returned when meeting with counselor about PSEO course selection

(Contract found on HCPA PSEO information site)



DOOR #2 "TESTING"



- ▶ PSEO location must determine your college level reading readiness.

Accuplacer/Placement Tests

Reading, Writing, and Math test

Students need to schedule a testing time AT the college

****view college website for sign-up procedures****



Students MUST test at or above college level READING & MATH to do PSEO.

If students do not do well on math or writing ACCUPLACER/Placement Tests, then the recommendation is to not enroll in PSEO.



YOU'RE ACCEPTED!....NOW WHAT??


FIRST THING TO KNOW



- ▶ Watch for communication to attend advising and registration session
- ▶ PSEO class are not full year in length.
- ▶ PSEO classes are one semester long.
- ▶ PSEO classes typically award a full year credit in 1 semester (dependent on the credit of the classes)

Do I have to pay?

The costs of tuition, books and lab fees will be covered by the school district as part of your high school education. You will be responsible for payment of non-consumable tools and equipment (example: laptop). The books are to be returned to the college directly, as the books belong to the college. Failure to return books may result in a fine/fee or withholding of your transcript by the college.

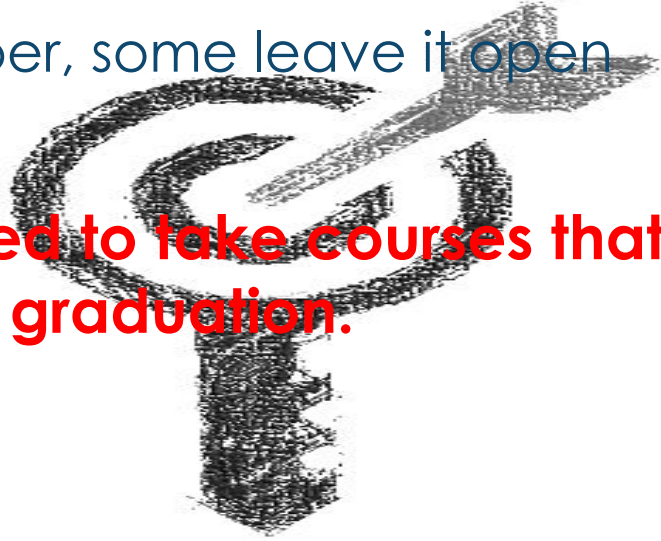
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SO...HOW MANY CREDITS CAN I TAKE?

That is up to the institution

Some set a number, some leave it open

Key Point You need to take courses that will meet high school credits for graduation.



2ND THING TO KNOW:

Full-time PSEO = PSEO at college/university
(12 credits minimum)

or

PSEO and High School = part-time PSEO at
college/university (less than 12 credits) **and**
part-time at HCPA



PART TIME OR FULL TIME QUESTIONS TO CONSIDER

If part time....

Start or end your day at HCPA

PSEO class times should be as early as possible, or as late as possible.

Pick classes as early as possible (i.e. 8am class) or late as possible (3pm classes) to avoid potential HS conflicts

If Full time...

Can all high school requirements be taken through PSEO at the college/university?



FULL TIME?

PART TIME?

HOW TO SELECT A COURSE



- Meet with HS counselor BEFORE registering for PSEO classes. (bring signed HCPA PSEO contract)
- Come prepared with PSEO course options.
- Determine which classes you will do at HCPA, and which classes you will do at PSEO for part-time students
- Students may select PSEO classes based on future high school courses
 - Example: PSEO American Literature instead of English 11
 - PSEO Composition instead of English 12

CREDITS and GRADES

Grades from your college/university will be given to HCPA counselors at end of each semester/term.

HCPA will determine the amount of credit to be awarded upon successful completion of the PSEO course.





MEDICAL SCHOOL | UNIVERSITY OF MINNESOTA

Go4Brains



High School Neuroscience Summer Program for Students Underrepresented in Science and Medicine



Join us for a week-long Neuroscience Program this summer July 11-15!

Program Highlights

- > Get to hold a human brain
- > Get an EEG print of your brain activity & brain scanning demonstrations
- > See how research is done & conduct your own experiments
- > Neuroscience research lab tours
- > Meet neuroscience students & researchers
- > Help with outreach programs to teach younger kids how cool the brain is
- > Learn about future neuroscience summer opportunities
- > Learn about neuroscience related career paths and career skills
- > Get to know other high school students interested in the brain
- > Get paired with mentors who can answer your questions

Receive

- Certification of completion
- Twin Cities Metro Transit Pass
- Meals
- \$400 Stipend
- Neuroscience Career Guidance

Learn more about the program:

z.umn.edu/Go4Brains

Apply on the website or email us your completed application form!

Questions or Comments?

Email us at Go4Brains@umn.edu

The high school neuroscience summer program is for Twin Cities students in 9th, 10th, and 11th grade who are part of historically excluded racial and ethnic groups such as African Americans, American Indians, Latinos, Alaska Natives, Native Hawaiians, and other Pacific Islanders, are encouraged to apply on our website by Tuesday, March 1, 2022.

- There are many free Summer Programs in the Twin-Cities as well as around the United States
- HCPA has funds available for students to participate in these programs to help with transportation or fees

Prepare for College Life



Stanford University Mathematics Camp (SUMaC)

Pre-college programs can be a huge help in calming your first-year jitters. Pre-college programs typically require students to live in dorm rooms for the duration of the program, which helps give you a feel for life on campus.

Types of Summer Program

- Academic
- Arts
- Business
- Leadership
- Community Service
- Health and Wellness
- Language
- Outdoor Adventure
- STEM

Discover Your Passions

A pre-college program can help you discover your passions and figure out how to choose a career that really drives you.

The Summers after your Sophomore and Junior year are especially important to take advantage of.

Students get to work with Professors at the top of their field

Students may be part of research that will make a difference for the world around them



**Scrubs Programs:
It's the Real Deal!**


Meet New People

- One of the benefits of participating in a pre-college program is that you get to meet a lot of new and interesting people.
- Learn about different cultures
- Pushes you out of your comfort zone
- Provides structure to your Summer
- Helps to engage students over the long summer months

Make Your College Application Stand Out

Colleges do like to see high school students taking an interest in academics over the summer, and pre-college programs accomplish that.

The program you attend also matters. Some pre-college programs allow anyone to attend, while others are more selective and require you to meet certain college GPA requirements. Selective pre-college programs are more difficult to get into and are therefore more likely to turn college admissions' heads.



Gain Service Academy Admission

**HOW TO APPLY TO
USAFA, USNA, & WEST PONT
SUMMER SEMINAR**



The Takeaway

Pre-college programs are honestly a great way to get a feel for college life and explore your academic interests on a deeper level. For many students, the biggest obstacle is the cost of such programs. If you don't have thousands to drop on a pre-college program, your best bet is to put together a strong application for a free (but often highly-selective) pre-college program.

HCPA has funds to help with cost of these programs as well many Summer programs have scholarships available

QUESTIONS??

Contact Counseling Office

Mr. Ka Vang – ka.vang@hcpak12.org

Ms. Toni Marie O'Daniel – tonimarieodaniel@hcpak12.org

Ms. Olivia Nelson- olivia.nelson@hcpak12.org